

Addressing the Social Emotional Wellness of Students: A JED Campus Model

November 1, 2021

PENNSYLVANIA'S
STATE SYSTEM
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FOUNDATION



PASSHE Foundation

- Advancement Engine of the State System & uniquely situated to leverage partnerships and strategies that are cross-cutting.
- Seeks opportunities to empower and support universities in the development and implementation of comprehensive and bold student success initiatives to achieve maximum impact for our students.
- Success is the result of a coordinated and collective effort to collaborate, focusing holistically on the student.



National Pre-pandemic Data: College Students

- Suicide was the second leading cause of death among U.S. college students.
- Approximately 1,100 suicides were occurring on college campuses yearly.
- 25% of college students reported knowing someone who has died as a result of suicide.
- 40% of college students knew of someone who had attempted suicide.



National Pre-pandemic Data: College Students

(Continued)

- Of more than 67,000 college students from over 100 institutions who participated in a study published in *Depression and Anxiety*, one in five students reported that they considered suicide, with one in ten reporting that they attempted suicide.
- According to the American College Health Association (2019), 60% of college student respondents indicated that they felt overwhelming anxiety and 40% noted that they experienced depression so severe they had trouble functioning.



“Before the pandemic occurred, we knew something was wrong. Now, there are concerns that increased isolation due to the pandemic and other triggers for mental illness will make the situation even worse.”

Stephen Brock, professor and school psychology program coordinator
at California State University-Sacramento.



Early Data on the Impact of the Pandemic

- Mental Health America (2021) reported a 93% increase in adult anxiety screenings in 2020.
- Relatedly, screenings for depression during this same time rose by 62% with 8 of 10 people screened for depression reporting moderate to severe depression symptoms.
- According to data by the Centers for Disease Control and Prevention, 63 % of 18- and 24-year-olds reported experiencing anxiety or depression due to COVID-19, with 25 % of respondents indicating that they had experienced suicidal thoughts.

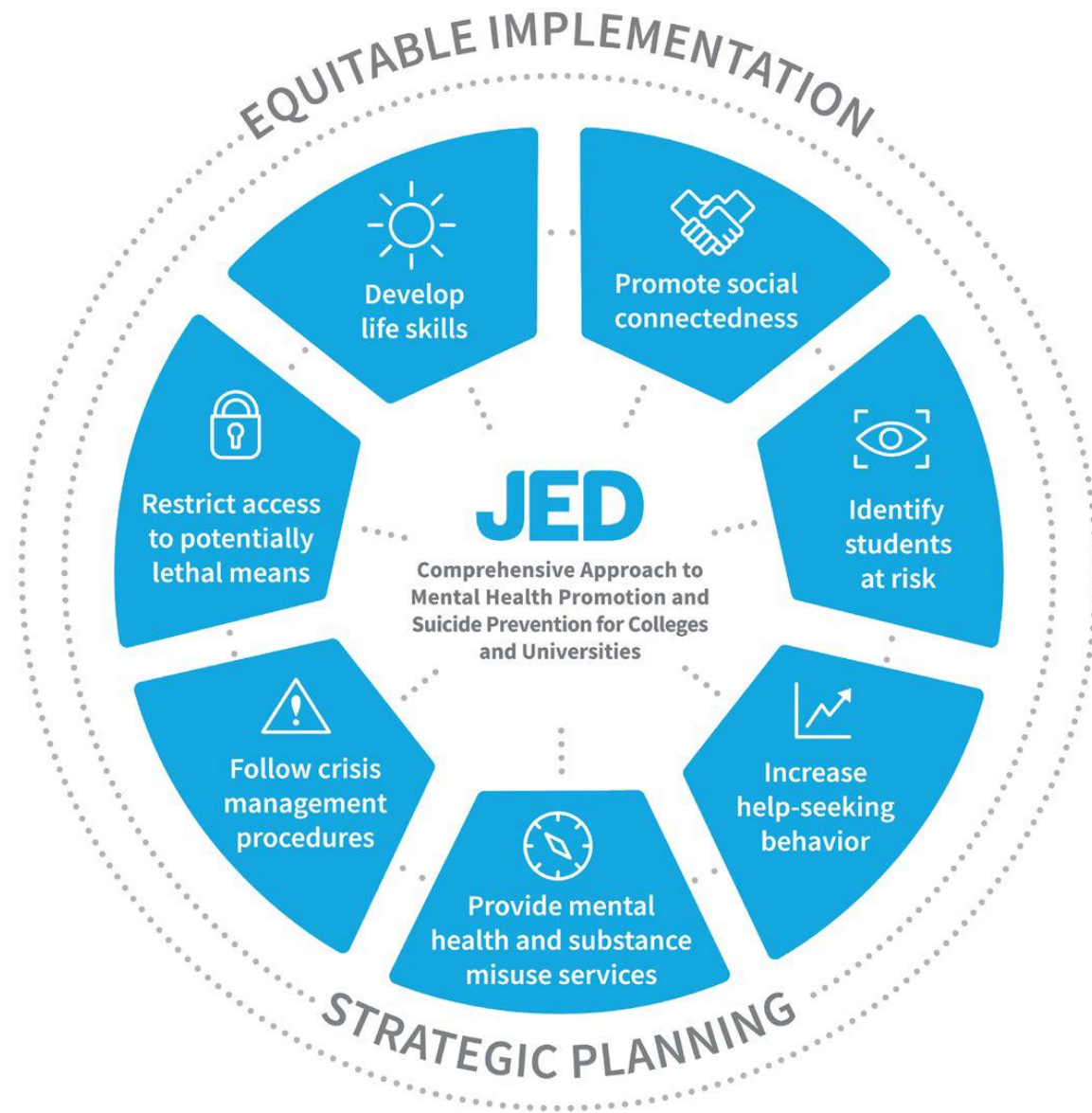




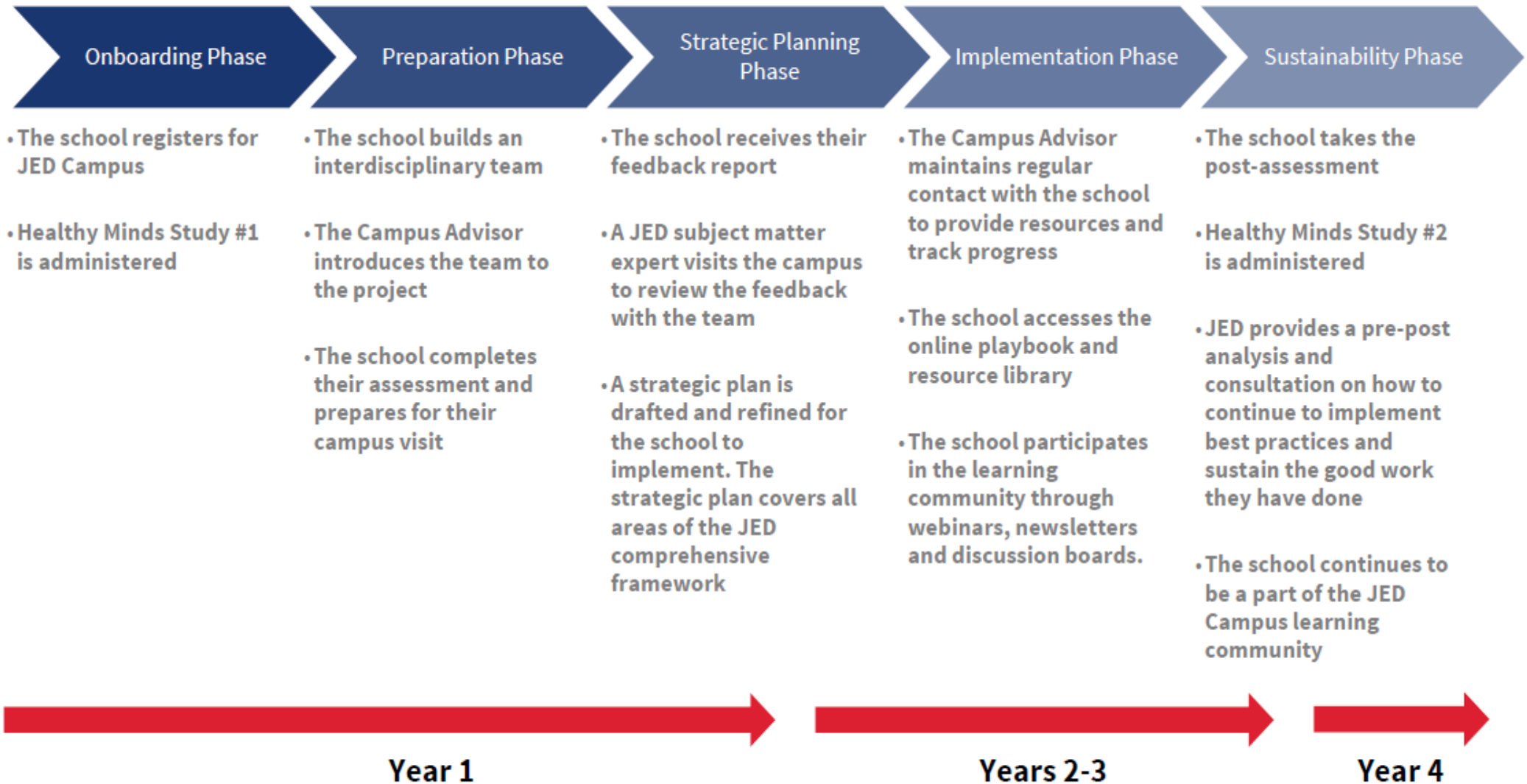
What is JED Campus?

JED Campus: A 4year Program designed to guide colleges and universities through a collaborative process of comprehensive systems, program and policy development with customized support to build upon existing student mental health, substance misuse and suicide prevention efforts. JED Campuses partner with JED to not only assess and enhance the work that is already being done, but also to create positive, systemic change in the campus community.

JED Campus Fundamentals: An 18month lighter touch program that offers much of what JED Campus provides with less hands on support. Campuses receive evaluations, feedback, strategic plans, implementation recommendations and more.



JED Campus Journey



Initial Experiences at BU with JED Campus

- Onboarding Phase ... and how we got there.
- Preparation Phase ... highlights.
- Strategic Planning Phase ... setting the stage for Implementation Phase



Current Status at BU with JED Campus

- Alignment of JED Campus endeavors with PDE Act 110 priorities
- Data Informed Decision Making
- Current Areas of Emphasis ... aligned with Husky Success:
 - Student leave policies
 - Postvention Plan
 - Suicide prevention (Gatekeeper) training
 - Social connectedness of our students
 - Information dissemination and messaging around mental health literacy and available resources
 - Expanding authentic student engagement to address issues of equity and data-driven outreach
 - Further enhancing student access and opportunities through the Counseling Center
 - Exploration of alignment with integration endeavors with Lock Haven & Mansfield Universities
 - Faculty and staff self-care



Follow Up

Roundtable Discussion: *December 13th, 1pm*

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